



HBOT



The PFOA have purchased our own Hyperbaric Oxygen Therapy chamber which has been set up at PFOA HQ. We have also collaborated with Lobby from Trojan Wellbeing to enable HBOT to be used in members' homes around the UK. There have been some amazing results with oxygen therapy around mental health & PTSD recovery, along with physical injury recovery. HBOT has been adopted by some rugby and football clubs and has been proven to be a valuable tool in the box.

Support Given in June

The **PFOA** assisted 60 members and their families in June. Some examples of support given: Coaching x 7, Counselling x 26, Physio, x 15, Welfare calls out x **152**, Welfare calls in x 24, Welfare breaks x 1, Signposting x 7, Vouchers x 3, Supporting a Meeting/Event x 3, Acupuncture x 1.

PFOA summer Ball 2023



The PFOA Summer Ball took place at Leicester Tigers Rugby Club with guests staying in the adjoining newly opened Brooklyn hotel. 153 members and their partners attended, including the NPCC lead for Armed Policing, Chief Constable Simon Chesterman OBE QPM.

Guests were treated to a special preview of the new PFOA promotional video which will be sent to all firearms training departments. Hopefully to be shown on initial firearms courses & command courses.

Guests dug deep into their pockets and an amazing £3.809 was raised which will be used to support members.

Gift Aid

Members who are yet to sign up for Gift Aid, you should have received an email within the last month with a form attached. Gift Aid is one of the easiest ways to make your donation tax effective and the PFOA can reclaim the basic tax from HM Revenue & Customs which equates to 25p in every pound donated.

Last year we were able to reclaim approximately £45,000 from Gift Aid donations and this has had a huge effect on the charity and has enabled us to help many more members and their families.

There is no extra cost to yourself and the process is simple. If you are not signed up and would like to but haven't yet received a form then please email hannah@pfoa.co.uk

What we do...



- Counselling – all types
- PFOA NLP Coaching
- Physiotherapy
- Financial assistance
- Respite breaks
- Hampers
- Anything that assists an officer or his/her family at a time of need. (Child care, Cleaners, Accommodation)
- Access to the 24/7 support line
- 24/7 GP Support Line

Each assistance request is considered upon its own merit

What we don't do!

- Provide legal advice/cover
- Provide any misconduct advice or representation
- Provide debt consolidation
- Get involved in the PIM process

What it's not!

- A replacement for...
- Group Insurance
- Travel Insurance
- Medical insurance
- Home insurance

Police Firearms Officers Association

The Old Police Station,
18 East Park Street,
Chatteris, Cambridgeshire
PE16 6LD
Tel: 01354 697890
Email: info@pfoa.co.uk
www.pfoa.co.uk

Current membership
10,589

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