

# SUPPORT for RETIRED OFFICERS

Our dedicated, multidisciplinary team of experts are here to help you recover and rebuild through our unique physiotherapy and psychological wellbeing programmes.



### Residential physiotherapy

Our physiotherapy programme offers flexible support during a one week residential stay. Our team of experts will work with you to agree on a tailored treatment plan.



### Online physiotherapy

Our range of online programmes, such as physiotherapy and women health support (which includes a menopause pathway), provides access to our experts from the comfort of your own home.



### Retired officer psychological wellbeing programme

Our one-week residential psychological wellbeing programme aims to address the symptoms of mild to moderate anxiety and depression.

→ The Police Treatment Centres are here for you, in your retirement. By joining our charity as a retired officer, you ensure that this vital support is always within reach, whenever you need it.



Scan the QR code to visit our website, join the charity or apply for treatment, and invest in your future wellbeing.

SCAN HERE TO APPLY



Providing a helping hand if the unimaginable happens

The Police Children's Charity is a registered Charity which supports Police Families by helping to ease the financial pressures of bringing up children in the face of life-changing circumstances.

These circumstances could involve the death of the Police donor Parent or their partner, or where the Police donor takes early medical retirement. The Charity also offers financial assistance to support the mental health and wellbeing of the children of Eligible donors.

You are eligible to access our support in your retirement if you have children aged 25 or under.



@policechildrens  
www.thepolicechildrenscharity.org  
enquiries@thepolicechildrenscharity.org

Find out more >>

